

To schedule an appointment, call
262-472-2842
to speak with an assistant.

To learn more about Winther Counseling Lab, please contact:

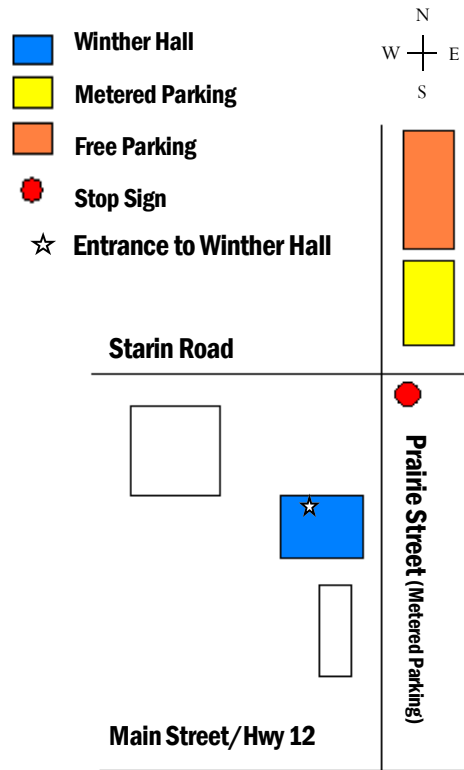
Winther Counseling Lab Assistant
counselinglab@uww.edu

Counselor Education, Lab Manager
Krista Kim, 262-472-5822
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Counselor Education, Clinical Coordinator
Cindy Anderton PhD, LPC, NCC
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*Para hacer una cita llame:
262-472-2842*

Ofrecen servicios de consejería a la comunidad. Servicios son administrados por los estudiantes de consejería que están terminando su maestría en la Universidad de Wisconsin-Whitewater. Servicios son ofrecido en Español cuando haya un estudiante bilingue.



When traveling north on Prairie Street (has metered parking), you will pass by Winther Hall (left side). If you continue straight through the intersection (Starin Road), you will find more metered parking on the right hand side (25 cents an hour). If you continue, you will find free parking as well.

Enter Winther Hall on the north side of the building (see the star on the map). Upon entering, you will be on the second floor. To the left you will find both a staircase and an elevator. Proceed to the third floor.

At the third floor (if using the elevator), proceed to the right. If using the stairs, proceed to the left.

We are located on the left side of the hallway - Room 3004.

Winther Counseling Lab

230 N. Prairie Street
Whitewater, WI 53190

262-472-2842



UW-Whitewater
Department of
Counselor Education

WINTHER COUNSELING LAB

DEPARTMENT OF COUNSELOR EDUCATION AT THE UNIVERSITY OF WISCONSIN - WHITEWATER

To schedule an appointment:

Call (262)-472-2842 or stop by Winther Hall 3004.

We are open from 9:00am-5:00pm, Monday through Thursday (during the academic year). Lab staff is not always available to take your call. Please leave your name and a telephone number in order for our lab assistants to return your call.

Where is Winther Counseling Lab?

The Counseling Lab is located in Winther Hall (3004) at the university. Please see map on back page or call 472-2842 for assistance.

When can I meet with a counselor?

Appointment times are offered during the following hours when the UW academic year is in session.

**Monday - Thursday,
9:00am-8:00pm**

Our Mission

Learning & Serving....supervised counselors-in-training providing counseling and outreach services to the campus and community.

The Counseling Lab is staffed by UW-Whitewater graduate students working toward their Master of Science (Counseling) degree. Supervision and consultation is provided by faculty in the Department of Counselor Education.

University students and staff as well as children, adolescents, adults, couples, and families in the community can utilize the counseling services at Winther Counseling Lab.

Services are free (fees assigned to mandated services only), confidential, and open to the public. The lab is not available for emergency services.



*“What lies behind us and what lies
before us are tiny matters compared
to what lies within us. “*

Ralph Waldo Emerson

What is counseling?

Counseling is a collaborative process in which clients are assisted in exploring areas of concern, defining goals, and implementing strategies to meet those goals.

Specific issues addressed in counseling sessions may include (and are not limited to) the following: stress, relationships, self-esteem and confidence, anxiety, depression, grief, body image and life transitions/changes. Sometimes participating in counseling helps an individual to simply explore new possibilities in life.

***Winther Counseling Lab is not available
for emergency services.***